Buy a Build a Bracelet Kit for $35

Learn more about how your menstrual cycle works by building your own bracelet using high quality artisan materials.

For every bracelet kit purchased, a bracelet and training in fertility, health and wellbeing will be gifted to a woman or couple in need.

Get your Build a Bracelet Kit @ letsempower.org.

What’s in the Kits

- Full instructions on how to build your LETS Lunar Essential Tracker Bracelet
- Light majok beads
- Dark majok beads
- 1 red bead representing your period
- 1 essential oil diffuser bead (ovulation day bead)
- Small spacer beads to go in between the majok beads
- Small glass beads
- Memory wire to create your custom bracelet to track your fertility
- A special LETS charm that you'll move on a daily basis so that you can understand where you are on your cycle
- Simple instructions on how you can use your bracelet to track your fertility
- Downloadable link for a free in-depth booklet, Know Your Cycle

If you do not own jewelry pliers, you can order them @ letsempower.org.

Pink Luminous Breast

LETs has partnered with the creators of the Pink Luminous Breast technology which provides the ability to monitor blood vessels, identify abnormal tissues and spot potential tumors and lesions in breasts. LETS supporters can purchase this product at a 20% discount with the code LETS. Talk to us about this technology and how it can further assist you understanding your body and learn more about our LETS Instructor Training Program on our website.

About LETS

LETs mission is to prevent pain and provide hope. LETS empowers individuals to make informed decisions about their family planning, health and wellbeing and uplifts communities in crisis through education and self-sustaining employment. This work will prevent unplanned and unwanted pregnancies, increase quality of life and end human trafficking, child poverty and abuse. Founded in Jackson, Tennessee and honored in communities in crisis in the US and Haiti, LETS is impacting thousands of lives globally.

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www.letsempower.org
info@letsempower.org
letsempower
letsbracelet

Be Empowered By Your Fertility
Track Your Most Fertile Days
Understand Your Body Better
Tracking Fertility Made Fun

Want a hands on activity that educates and empowers women and girls? Buy a Build a Bracelet Kit and learn all about the female menstrual cycle while building a gorgeous LETS Lunar Essential Tracker Bracelet.

LETS bracelets have helped women across the globe track their menstrual cycles including their most fertile days. This tracking system has a 95% success rate when used correctly with cycles ranging from 26-32 days. You’ll be supplied with instructions for customizing your bracelet and tracking your cycle if it’s out of this range. The bracelets have been used successfully to help women avoid unplanned pregnancies, get to know their cycles better and become more familiar with the ways their bodies change during their cycle. They are truly a gift to women and couples globally.

The Build a Bracelet Kits are excellent for special teaching moments for moms or grandmas with their girls as well as educational classes with groups of women.

How You Track Your Cycle

a. Bead 1 is red & is the start of your period. Start charm here after day 1.
b. Beads 2-7 represents your period.
c. Beads 8-19 are your most fertile days. The bead for day 14 is larger and represents ovulation in an average 28 day cycle.
d. Beads 20-32 are non-fertile days & when you will most likely not get pregnant.
e. Use the charm to track your cycle. Each day, move the charm after the next bead to keep track of your fertility.

Learn Together

Build your bracelet alone or enjoy creating bracelets with others. These kits provide an excellent opportunity to educate and spend quality time with loved ones such as daughters, granddaughters or partners, friends, students, class members or those you serve.

- Order one or two for you and your daughter and share with her how to use the bracelet to track her menstrual cycle while you build the bracelet together.
- Build your bracelet with the partner in your life so they can share in this process and empower your choices together.
- Create a Build a Bracelet party or class with your friends and empower each other. It includes an aromatherapy bead so is excellent for educational classes of this nature. Coming of age birthday parties or first period parties are another fun way to use them.
- Offer Build a Bracelet sessions at your school, hospital, community organization, non-profit or church.

Invest in this time together to start the conversation about how our bodies work and the things we go through as women. This may be one of the most empowering gifts you can give.

Discounts for Bulk Orders

LETS offers discounts for bulk orders of the Build a Bracelet Kits which are:

- 2 Build a Bracelet Kits - $30 each
- 5+ Build a Bracelet Kits - $25 each
- 20+ Build a Bracelet Kits - $20 each

Order your Build a Bracelet kit today and share this with your friends so you can get your bracelet building party started.